

To fulfil God's commandments daily in one's deeds. Rule of St Benedict, Chapter 4

COVID 19 STAGE 1 RE-OPENING:

CHURCH ATTENDANCE BOOKINGS ESSENTIAL

ONLY 10 people maximum allowed.

Contact Paula for: Parish bookings on 9653 2312 (Mondays & Fridays) or 0423 078 282 Online Booking: https://www.trybooking.com/BJSGK

PARISH

Weekend MassSaturday7:00pmSunday9:00amSunday11:00amSunday Latin4.30pm

Weekday Mass Mondays to Saturdays 9:30am Confession Saturday after 9.30am Mass

PRIVATE PRAYER by appointment

ADORATION -Exposition of the Blessed Sacrament Every Friday 7:00pm to 7:30pm

MONASTERY CHAPEL Masses

Contact Father David for:

Monastery Bookings on 0400 371 260

Sundays 7:00am Daily 7:00am

Please contact Father Bernard for the following:

BAPTISMS RECONCILIATION FOR THE SICK MARRIAGES FUNERALS

Father Bernard: 0416 032 497

The Ascension of the Lord Year A

23 & 24 May 2020

First Reading A reading from the Acts of the Apostles 1:1-11

Why are you standing here looking into the sky? Jesus has been taken into heaven.

Responsorial Psalm

Psalm 46:2-9 R v.6 God mounts his throne to shouts of joy: A blare of trumpets for the Lord.

Second Reading

A reading from the first letter of St Paul to the Ephesians 1:17-23 *He made Jesus to sit at his right hand in heaven.*

Gospel Acclamation

Alleluia, alleluia! Go and teach all people my gospel. I am with you always, until the end of the world. Alleluia!

Gospel

A reading from the holy Gospel according to Matthew 28:16-20



Gospel reading for this Week The Ascension of the Lord - Year A

A reading from the holy Gospel according to Matthew 28:16-20

All authority in heaven and on earth has been given to me.

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to the them.

He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

Gospel reading for next Week Pentecost Sunday - Year A

A reading from the holy Gospel according to John 20:19-23

As the Father sent me, so I send you: Receive the Holy Spirit.

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.

'As the Father sent me, So am I sending you.' After saying this he breathed on them and said: 'Receive the Holy Spirit. For those whose sins you forgive, They are forgiven; For those whose sins you retain, They are retained.'

The Gospel of the Lord.





SAINT OF THE WEEK



St. Rita of Cascia

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Feastday: May 22 Birth: 1381 Death: 1472 Canonized: by Pope Leo XIII on May 24, 1900

Born in 1381 at Rocca Porena (Italy). Died on this day in 1457 at Cascia. Obedient to the will of elderly parents, she accepted an abusive husband and remained faithful for eighteen years until his violent death. When her two sons died soon after, she became an Augustinian nun. Remembered for her life of penance and her suffering in union with Christ crucified.

Prayer:

Dear Lord, teach me to be like St Rita, to forgive others, to accept my pain, suffering, and to be completely devoted to You wholeheartedly. AMEN.

Sixth Sunday of Easter

THE SPIRITUAL COMMUNION

Those who are unable to make sacramental Communion with Christ by participating in the Eucharist, can express the desire to receive him in their spirit with these words that help to make spiritual communion with him:

My Jesus, I believe that you are truly present in the Most Holy Sacrament of the Altar.

I love you above all things and desire to receive You into my soul.

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen

Saint Alphonsus Liguori

Prayer to Mary Help of Christians Patroness of Australia & of the Military Ordinariate Feast Day May 24th

Almighty God, deepen in our hearts Our love of Mary Help of Christians. Through her prayers and under her protection, May the light of Christ shine over our land. May Australia be granted harmony, justice and peace. Grant wisdom to our leaders and integrity to our citizens. Bless especially the men and women Of the Australian Defence Force and their families.

We ask this through Christ Our Lord. Amen.

Our Lady Help of Christians, pray for us.

Week of Prayer for Christian Unity 24 - 31 May 2020

This coming week is the Week of Prayer for Christian Unity, a week to remember our common faith in Jesus Christ and pray for unity with each other through the Holy Spirit.

Our theme is *"They showed us unusual kindness" (Acts 28:2),* which is taken from the kindness experienced by St Paul when shipwrecked in Malta and calls us to a greater generosity to those in need.

We recognise that we cannot face the storms of life alone. A boat moves forward when all row together. In the face of difficulties, we recognise the need to pull together and to unite our efforts.

We pray that all churches fix their course on Christ, the True Light, and that God will transform the many separations amongst our churches and faiths into harmony and our mistrust into mutual acceptance.

POPE FRANCIS' INTENTIONS FOR MAY 2020

For Deacons



We pray that deacons, faithful in their service to the Word and the poor, may be an invigorating symbol for the entire Church. **AMEN**

In Our Parish

We remember in our prayers - all our dearly beloved who have died, especially Frank Saliba. We welcome into God's family - to all who were recently baptised. We pray for the sick of our Parish, our country and throughout the world.



PARISH FUNDS	CATECHIST NEWS		
THANK YOU to everyone who has supported the parish by helping out in the past few weeks. We really appreciate it.	This week we celebrate the work of volunteers right across our country. SRE volunteers make up one of the largest volunteer groups in NSW. There are over 10,000 SRE volunteers who go into schools regularly to witness to their faith tradition and teach children about the faith of their families. Around half of these volunteers teach Catholic SRE." (from Alison Newell CCD Diocesan Coordinator) Thank you to all volunteers! Free training is still being provided by the CCD online to all Catechists. The CCD will be hosting online training for Safeguarding Children via Zoom on Wed 10 th June 10am-12noon; Wed 17 th Jun 12:30-2:30pm and Wed 24 th June 7-9pm. Please register one week prior to the date on 8379 1643 or registrations@bbcatholic.org.au		
With the suspension of Liturgies and Masses, our parish income has been severely affected. Planned Giving, Donations and Electronic Transfers can keep us going during this difficult time. If you are in a position to do so,			
please consider maintaining your Planned Giving donations:			
Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:			
BSB: 062 784	As schools return SRE (Scripture) classes continue to be available online as approved by the Department of Educa- tion. Below is the link which is available for students and families to easily access these lessons at home.		
Acct: 1446 8001			
Name: Catholic Parish of Arcadia	https://www.bbcatholic.org.au/parish-community/ministries/		
Another option is to pay by credit card just contact the parish office on 9653 2312.	ccd/curriculum/learning-from-home-sre-lessons		
	While Catechists cannot be involved in the lesson delivery at this time, we will continue praying for all our children and their families, asking the Holy Spirit to continue to work in the students' lives.		
The Charitable Works Fund supports five charities that provide faith based services to the people of the Diocese	Let us all keep our parish and community in our prayers at this time.		
of Broken Bay. The Covid-19 pandemic has impacted	God bless,		
many areas of our lives. Donations can be made online:	Miriam Brown 9652 0558		
https://www.givenow.com.au/cwf	Parish Catechist Co-ordinator		
When you give to the CWF, your donation is working for the faith and the people of the Diocese of Broken Bay.	GCEA COMMITTEEE MEETING		
Donations \$2 and over are tax-deductible.	What: GCEA Committee Meeting		
ROSARY GROUP	When: Monday 25th May, 7.30pm		
Every Monday 2.30pm. Everyone welcome.	Where: On Zoom - click the following link to join		
Contact Parish Office to book as bookings are essential	the meeting - <u>GCEA Committee Meeting</u>		
at the moment for 10 people or see Angela Egiziano. Ph: 9653 2312.	Or contact Roger on 0413 067 770 roger@duralanglican.org.au		
CCC PRAYER GROUP			
Prayer meeting will resume every Friday night 7.30PM. For now only 10 people are allowed. So please make sure you book in as bookings are essential. Everyone welcome. Contact Mary Camilleri on 0403116987.			

NEW MASS TIMES FOR THE PARISH PARISH MASSES

Saturday 7:00pm Sunday 9:00am Sunday 11:00am Sunday Latin 4.30pm

Weekday Masses Mondays to Saturdays 9:30am Confession Saturday after 9.30am Mass Private Prayer by booking ADORATION Every Friday night 7:00pm to 7:30pm

BOOKINGS ESSENTIAL now available ONLINE click this link https://www.trybooking.com/BJSGK

Otherwise contact Paula on 9653 2312 Mondays & Fridays Or 0423 078 282



Most Rev Anthony Randazzo Bishop of Broken Bay

Message for BBNeighbourhoods 20 May 2020

My dear brothers and sisters in Christ,

In 1844, Australia became the first country in the world to adopt the patronage of Mary. Mother of God, under the title Help of Christians. For 176 years, Australians have invoked Mary's heavenly intercession, in joyful times and in times of suffering.

It is with confidence in Mary's love and fidelity that the Catholic Bishops of Australia have turned once more to her intercession in a particular way during the COVID-19 pandemic.

This year, on Sunday 24 May at the conclusion of the 8.30am Mass at our Cathedral, I will entrust the community of the Church of Broken Bay to the protection of the Immaculate Heart of Mary, Help of Christians. I will also celebrate the Mass of the Solemnity of Mary Help of Christians at the Cathedral on Monday 25 May at 7am. I hope that people all around the diocese will be able to participate in these Masses, as they will be livestreamed.

To assist you in your families and homes, I have asked our Office for Evangelisation to prepare a prayer resource for use in families and in Parish communities. I commend this beautiful resource to you for your use. The link to access the resource in this week's BBNeighbourhoods.

As our children are returning to school, we entrust them in a particular way to the maternal protection of Our Lady. I am conscious too of so many teachers and staff at our Catholic Schools, as well as many who work in our Public Schools. You too deserve our thanks and our prayers.

Finally, I am always conscious of the many women and men from around our Diocese who are involved in essential services. Your ongoing dedication and service to the community during this health crisis is greatly appreciated. I pray that through Mary's intercession, the Lord will guide and protect you.

Mary, Help of Christians, pray for us.

+Anthony

An excerpt from Bishop Anthony Randazzo's letter regarding Stage 1 Re-opening:

In respect to our own context, we can note the following which is possible from Friday 15 May 2020. Each of these provisions is contingent on practising social distancing of 4 square metres per person and hand hygiene through the ready use of sanitiser.

• Churches are able to be open for private prayer, with a limit of 10 people in the church at any one time.

• **Religious gatherings**, either formal or informal, are permissible inside churches for groups not more than 10 people. The names of each person at the gathering must be recorded.

• Weddings may be permitted for a group of 10 people. Further clarification received from the NSW Premier's Office has been received advising that the couple and the celebrant are not part of the group of 10 people. Therefore it is permissible for a wedding to include the celebrant, the couple and 10 guests

• **Funerals** may be permitted for groups of 20 people indoors or for 30 people outside, practising social distancing of 4 square metres per person and hand hygiene through the ready use of sanitiser at church entrances.

Office Hours:	Mondays & Fridays 10.30am to 3pm	Website:	www.bbcatholic.org.au/arcadia
Parish Office:	9653 2312	Facebook:	stbenedictsarcadia
Parish Priest:	Fr. Bernard McGrath osb	Address:	Cnr. Fagans & Arcadia Rd, Arcadia 2159
After hours:	0416 032 497	Monastery:	9653 1159
Email:	arcadia.parish@bigpond.com	Good Samaritan Sisters: 9653 1231	

For all parish Occupational Health & Safety and Safeguarding Children matters please contact Lorraine Dailey on 0416 081 882.